



Endometrial Cancer

Encouraging Informed Conversations with Your Healthcare Professional

As a person living with endometrial cancer, you and/or your loved ones may have questions for your healthcare professionals at any point — whether it's at your initial diagnosis, during treatment, or when you are in remission. There are steps you can take to gain more control over your experience, which includes clear dialogue with your loved ones and oncology care team.



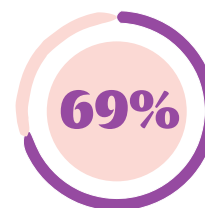
people in the U.S.

will be diagnosed with endometrial cancer in 2025. Endometrial cancer makes up more than 90% of uterine cancers.



of people

across all uterine cancer stages survive at least 5 years after diagnosis.



of uterine cancer

diagnoses occur at an early stage.

Knowing what questions to ask and what resources to have ready before, during, and after your healthcare appointments is an important step toward being in control of your own health.

**The below checklist and questions can help guide an informed conversation
with your healthcare professional.**



Before your appointment

- ☐ Write down questions you have for your healthcare team. Be prepared to jot down any important information shared by your care team on a piece of paper or in your phone's "Notes" app. We have provided potential questions below that may be helpful to ask.
- ☐ Print out this discussion guide prior to your appointment and check off the questions below as you ask them.
- ☐ Decide if you want a loved one to come with you to the appointment for support.

**It can be helpful to have a second set of ears and someone to help take notes.*



During your appointment

Whether you're newly diagnosed or your treatment is ongoing, it's important to know what questions to ask to have an informative discussion with your care team.

Questions to consider include:

Coordination with Care Team

- What is your preferred method of contact for additional questions? Email? Phone? Patient Portal? How long will it take for you or your staff to get back to me?
- Do you have an online communication portal that I can use to reach out between visits?
- How frequently should I come in for check-in visits for monitoring?

About the Diagnosis

- What are the most common symptoms that may indicate the presence of endometrial cancer?
- How is endometrial cancer typically diagnosed, and what tests are involved in the process?
- Would you recommend a biopsy or a blood test? Why?
- If we decide to go with a biopsy, will biomarker testing be performed?
Learn more about [family history and biomarkers here](#).
- What biomarkers should I be aware of?
- What role do biomarkers have in helping determine my treatment plan?

If a biopsy was already performed:

- Was biomarker testing done? If not, can we do this testing on my tumor?
- How accurate are these tests?
- Why was I diagnosed with endometrial cancer?
- Are there genetic or lifestyle factors that may have contributed to my cancer?
- Do I need biomarker testing results before I start treatment?
- If my tumor has certain biomarkers, how could this affect my treatment plan?
- If I didn't undergo genetic testing (for things like Lynch syndrome) when I was first diagnosed, should I have it done now?
- Is anyone in my family at risk?
- What tests can my family member(s) take to determine if they are at risk?
- Are there different types of endometrial cancer? What type do I have?

If You're Considering Treatment, Undergoing Treatment, or in Remission

Before Starting Treatment:

- What are my treatment options? How do they work?
- Will my health insurance cover my treatments?
- Should I consider a clinical trial?
- Are there any considerations that may affect my treatment options based on the kind of endometrial cancer I have?
- If I test positive for certain biomarkers, does this affect the treatments I can take?
- How often will I be receiving treatment?
- Will I routinely have testing done (for example, blood work)? How often?



During your appointment (cont.)

Undergoing Treatment:

- Do I have any new test results, such as blood work or scans, since my last appointment?
- What do the results mean? What will happen next?
- How do I know if my treatment is working?

If new treatment options are suggested:

- Why do I need this new option?
- What do I need to know about this treatment? How does it work? How is it administered?
- What side effects should I expect? How will this impact my life? What do I need to know about ongoing monitoring?
- Is this treatment covered by my health insurance?
- What happens after I finish treatment?

In Remission:

- How do I know if I am in remission?
- What are my chances of my cancer returning?
- Why would my endometrial cancer return?
- What do I do if my cancer returns?
- How long are most people in remission before their endometrial cancer comes back?
- What are my options if my cancer returns? Will it affect the treatment options available for me?
- Are there any signs or symptoms that could mean my cancer may have returned?

Support and Resources

- How can I best take care of myself throughout the treatment process?
- Will I need to take off work or arrange for caregiving during treatment?
- Do you have any recommendations, tips, or approaches to help me reduce or manage any anxiety I may feel during this time?
- Are there any local support groups or online resources I can look to for peer-to-peer support and information?
- Who can I reach out to for extra support during this time?

Fertility and Hormonal Considerations (as applicable)

- What side effects and impact on my lifestyle should I expect?
- How will my diagnosis/treatment impact my sexual health and intimacy?

For Pre-menopausal Patient

- How will my diagnosis affect my fertility?
- What options are there for preserving my fertility before treatment starts?
- Could my treatment make me go into menopause?

It's normal for additional questions to arise following your healthcare visit. Remember to jot down any additional thoughts and new questions below. Don't hesitate to schedule a follow-up appointment or contact your provider to address these concerns.

our WAY FORWARD

Our Way Forward is a call-to-action that encourages people living with gynecologic cancers, such as ovarian and endometrial cancer, their loved ones, and healthcare providers to rethink how they talk about these cancers. The program provides ways to learn from each other's cancer experiences and to help navigate the physical and emotional challenges that these diseases bring. For more information, visit ourwayforward.com, and follow us on Instagram (@ourwayforward.gsk) and Facebook (@OurWayForward.GSK).